MINDSET Neuropsychological
ASSESSMENT AND TREATMENT
UNLOCK YOUR POTENTIAL

#2 Elliott Street West | City of Hamilton HM 09
admin@mindsetbermuda.com | 261-MIND(6463)

Summer Enrichment Resource List

Reading:
Mindplay (K-12/adult)

Night Zookeeper (ages 6-12 gamified at-home learning program)

Teach your Monster to Read (early reading skills)

Hooked on Phonics (for pre-reading or early reading)

Writing:
Night Zookeeper (ages 6-12 gamified writing program for kids)

Math:
Mindplay (K-12/adult)

Teach your Monster Number Skills (early math skills)

Doodle Math (K-5th grade math practice)

Bedtime Math

Attention:
Mindplay (K-12/adult)

Endeavor Rx App (1st FDA approved computer game targeting 8-12 to improve attention)

Overall Academics:
Adventure Academy (ages 8-13)

ABC Mouse Early Learning Academy (ages 2-8 improves early reading & math skills)

Ztype (A typing game that's actually fun to play – shooting targets)

IXL (personalized learning and academic enrichment Pre-K through 12th/foundation – S4)

Growth Mindset:
Mindset Jump Board Game – teaches kids about growth mindset

Let's Unpack This (Card game that uses CBT-based/therapeutic approaches to change negative thoughts)

What Truly Matters (card game focused on values, goals, & aspirations)

Executive Functions (EF) Training:
All You Can E.T. (Cognitive flexibility training out of NYU CREATE labs middle school - college)

Gwakkamolé (Inhibition/Impulsivity improvement out of NYU CREATE labs middle school - college)

Crush Stations (Working Memory training out of NYU CREATE labs middle school - college)

Beyond Booksmart (virtual EF coaching)

Thrivister (virtual EF and Academic coaching that can support EF skills)

Activities Guide (Harvard University home-based tips and tricks to improve EF skills all ages)

Self-Care:
Finch Care (With a goal of making selfcare fun, own a virtual pet finch and take care of it!)

Emotional Regulation:
Interactive game experience provided by Mindset Bermuda – COMING SOON!!! (TBA on website)

DIY Emotion Wheel (Helps young children learn about their emotions)

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